

YOGA & HEALING CENTER

Become your truest self

(p) 978.463.9642 yoga@rootstowings.com

LOCATION

76 Newburyport Turnpike Newbury, MA





APPLICATION

200-HOUR PRANOTTHAN YOGA TEACHER TRAINING WITH JOVINNA CHAN + GUEST TEACHERS

Welcome to another step in the amazing journey of yoga! We hope this training will enrich your life and those around you. We wish you much success as you explore, expand, and get certified!

This 5 month training runs February 9, 2019 – June 7, 2020 spanning 6 required modules including an initial week long immersion and 5 weekend immersions. Complete attendance at all modules is mandatory, and all requirements must be fulfilled for certification.

TRAINING DATES AND HOURS:

Module 1: Feb 9-15, 2020 at Roots to Wings Sunday, 10am-6pm • Monday-Saturday 8am-7pm Module 2–5: Mar 13-15, Apr 3-5, Apr 24-26, May 8-10 Fridays, 5:30pm-9pm • Saturdays, 8am-7pm • Sundays, 8am-6pm

Module 6: June 3-7 Graduation Residential weekend (New England location TBD) Begins Wed Jun 3 at 7pm and ends Sun, Jun 7, 2020 at noon. *5-day, 4-night lodging and meals included.*

All training sessions, except for retreat, are held at Roots to Wings in Newbury, MA

Name:	Date of Birth: /
Mailing Address:	
Email:	
Phone:	
Emergency Contact:	Relationship:
Phone:	
Referred by:	

TOTAL TRAINING COST \$3,300

Tuition Cost: \$2,800

Retreat Cost: \$500

Payment plans are available, see options on the next page.

TO APPLY

Email your application to yoga@rootstowings.com, including:

- 1. This completed form. *Hint: Save the completed application with your last name appended to the filename*
- 2. Answers to application questions on pages 2–3

You will be notified of acceptance via email within 1 week of our receipt of your complete application.

Please note that certification is not guaranteed and is dependent upon completion of all requirements to the satisfaction of Jovnina Chan, director of teacher training.

PAYMENT OPTIONS

After acceptance, a \$500 deposit is required to hold your space in the training.

- 1. Pay in Full: Remaining tuition of \$2,800 due by January 24, 2020.
- 2. Payment Plan: Remaining tuition of \$2,900 (includes \$100 payment plan fee) split over 4 payments as follows:
 - a. First payment of \$1250 to complete enrollment in the training is due by January 24, 2020.
 - b. The remaining balance of \$1650 to be paid in 3 installments of \$550 due on the 15th of the month from Mar 2020 through May 2020.
 - c. A valid credit card must be on file at Roots to Wings and above payments will be charged automatically on the dates indicated.
- 3. Please contact **yoga**@rootstowings.com or at 978.463.9642 to complete enrollment and make payment arrangements. Customized payment plans will be considered.
- 4. Tuition must be paid in full before receiving certification.

REFUND POLICY

Any request for refund must be submitted in writing to Roots to Wings.

- If you decide not to participate and inform Roots to Wings in writing 15 days prior to the first session, you will receive a full refund on tuition paid.
- If you withdraw from the training within 2 weeks of the scheduled start date, \$500 of the tuition is non-refundable.
- If you withdraw from the training within 24-hours of, on, or after the start date, a minimum of \$1,500 of the tuition is nonrefundable. Any additional amount due/refundable will be calculated and prorated based on the withdrawal date.
- No refunds or credit will be issued for training sessions canceled/postponed for inclement weather. Every effort will be made to reschedule such training sessions.

PLEASE ANSWER THE FOLLOWING QUESTIONS:

1. Why have you chosen to take this training at this time in your life?

2. What is your background and experience with yoga? Include how long you have been practicing, how often you practice, and examples of what your yoga practice consists of?

3. How has your yoga practice personally affected your life?



5. What personal experiences/qualities do you possess that would support your success as a yoga teacher?

6. Do you have experience with other movement and/or meditation forms? If so, which?

7. What is your educational and professional background outside of yoga?

8. What do your wish to take away from this journey?

9. Do you have any concerns or questions?

