

APPLICATION

200-HOUR PRANOTTHAN YOGA TEACHER TRAINING WITH JOVINNA CHAN + GUEST TEACHERS

Welcome to another step in the amazing journey of yoga! We hope this training will enrich your life and those around you. We wish you much success as you explore, expand, and get certified!

This 5 month training runs February 10, 2019 – June 9, 2019 spanning 6 required modules including an initial week long immersion and 5 weekend immersions. Complete attendance at all modules is mandatory, and all requirements must be fulfilled for certification.

TRAINING DATES AND HOURS:

Module 1: Feb 10-16, 2019 at Roots to Wings

*Sunday, 10am-7pm • Monday-Tuesday 8am-9pm • Wednesday 8am-7pm
Thursday-Friday 8am-9pm • Saturday, 8am-7pm*

Module 2–5: Mar 22-24, Apr 5-7, Apr 26-28, May 10-12

Fridays, 5:30pm-9pm • Saturdays, 8am-7pm • Sundays, 8am-6pm

Module 6: June 6-9 Graduation Residential weekend at Providence Zen Center

Begins Thu Jun 6 at 8am and ends Sun, Jun 9, 2019 mid-afternoon.

4-day, 3-night lodging and meals included.

All training sessions, except for retreat, are held at Roots to Wings in Newbury, MA

Name: _____ Date of Birth: ____/____/____

Mailing Address: _____

Email: _____

Phone: _____

Emergency Contact: _____

Relationship: _____

Phone: _____

Referred by: _____

TOTAL TRAINING COST \$3,250

Tuition Cost: \$2,800

Retreat Cost: \$450

Payment plans are available, see options on the next page.

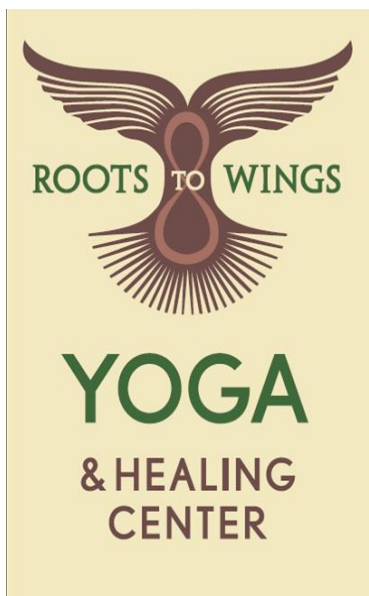
TO APPLY

Email your application to yoga@rootstowings.com, including:

1. This completed form. *Hint: Save the completed application with your last name appended to the filename*
2. Answers to application questions on pages 2–3

You will be notified of acceptance via email within 1 week of our receipt of your complete application.

Please note that certification is not guaranteed and is dependent upon completion of all requirements to the satisfaction of Jovanna Chan, director of teacher training.



Become your truest self

(p) 978.463.9642

info@rootstowings.com

LOCATION

76 Newburyport Turnpike
Newbury, MA



PAYMENT OPTIONS

After acceptance, a \$500 deposit is required to hold your space in the training.

1. **Pay in Full:** Remaining tuition of \$2,750 due by January 25, 2019.
2. **Payment Plan:** Remaining tuition of \$2,850 (includes \$100 payment plan fee) split over 4 payments as follows:
 - a. First payment of \$1200 to complete enrollment in the training is due by January 25, 2019.
 - b. The remaining balance of \$1650 to be paid in 3 installments of \$550 due on the 15th of the month from Mar 2019 through May 2019.
 - c. A valid credit card must be on file at Roots to Wings and above payments will be charged automatically on the dates indicated.
3. Please contact yoga@rootstowings.com or at 978.463.9642 to complete enrollment and make payment arrangements. Customized payment plans will be considered.
4. Tuition must be paid in full before receiving certification.

REFUND POLICY

Any request for refund must be submitted in writing to Roots to Wings.

- If you decide not to participate and inform Roots to Wings in writing 15 days prior to the first session, you will receive a full refund on tuition paid.
- If you withdraw from the training within 2 weeks of the scheduled start date, \$500 of the tuition is non-refundable.
- If you withdraw from the training within 24-hours of, on, or after the start date, a minimum of \$1,500 of the tuition is nonrefundable. Any additional amount due/refundable will be calculated and prorated based on the withdrawal date.
- No refunds or credit will be issued for training sessions canceled/postponed for inclement weather. Every effort will be made to reschedule such training sessions.

PLEASE ANSWER THE FOLLOWING QUESTIONS:

1. Why have you chosen to take this training at this time in your life?

2. What is your background and experience with yoga? Include how long you have been practicing, how often you practice, and examples of what your yoga practice consists of?

3. How has your yoga practice personally affected your life?

4. How would you rate your overall health?

5. What personal experiences/qualities do you possess that would support your success as a yoga teacher?

6. Do you have experience with other movement and/or meditation forms? If so, which?

7. What is your educational and professional background outside of yoga?

8. What do you wish to take away from this journey?

9. Do you have any concerns or questions?